

### **PROVEN EFFECTIVENESS**

Product research allows to determine whether a product might be successful. The research aims to collect information about the needs and expectations of customers in order to deliver a product that will satisfy the consumers' needs and wants.

The purpose of the survey on the Beauty Booty dietary supplement was to obtain reliable and credible information and customers opinions about the product.

Beauty Booty - a dietary supplement for people who want to firm and lift the buttocks.

The survey on the Beauty Booty dietary supplement was conducted on a sample size of 70 respondents who tested the product, provided by the manufacturer, from November 1 to 30, 2018.



The Beauty Booty dietary supplement is is an effective remedy for improving the appearance of the buttocks.

## Research objective

The purpose of the survey is to determine whether, in the opinion of respondents, the Beauty Booty dietary supplement achieves the expected results indicated by the manufacturer i.e.:

- · firm up the buttocks
- buttock lift
- buttock augmentation • maintain the full efficiency of the gluteal muscles (remove the "dead buttocks" syndrome)
- remove the gluteal folds on the buttocks
- · remove cellulite
- · buttocks sculpting · remove excess fat from the buttocks

Survey tool The survey was conducted anonymously. A questionnaire was used as a research tool. The questionnaire was posted online on a website www.ankietka.pl. The survey link was sent with a prior consent to the respondents testing the Beauty Booty dietary supplement. The questionnaire contained closed-ended questions (a limited set of possible answers).

# Description of the study population

The study was carried out on 70 subjects testing the Beauty Booty diet supplements. 91.4% of the respondents where women and 8.6% were men. The product supplied by the producer was most frequently used by people aged 18-30 (41.4%). The second most numerous group were people aged 31-40 (27.1%). The least studied group included people over the age of 56 (5.7%).

The people taking part in the study were asked to say how much time a week they spend doing some physical activity. 44% of the respondents is physically inactive, 20% spends 2 hours a week exercising, 3% exercises 2-4 hours a week, 4-7 hours – 19% and 14% devotes over 7 hours a week to physical exercise.

# Results of the study

Most respondents declared in the questionnaire that they had been using the Beauty Booty diet supplement for over 4 weeks. 25.7% had been using it for 15-28 days.

Beauty Booty diet supplement a few times a week and 1.4% of the respondents take them a few times a month.

85.7% of the subjects declare taking the capsules every day. 12.9% use the

87% of the respondents take 3 capsules a day, 4.3% admit to taking them more than 3 times a day. On average, 1.4% of the subject take fewer than 1 capsule a day.

Out of those who took part in the study, 70% declare that their body weight is within the norm, 10% is overweight, 7% is underweight and 13% don't know their body weight.

The subjects were asked to point to the changes which they subjectively observed from the moment they started using the diet supplement Beauty Booty. 79.2% noticed a change in the firmness of their buttocks, 65.7% observed that their buttocks had lifted, 82.9% observed a change in the roundness of their buttocks, 74.3% noticed their buttocks had become more sculpted, 5.7% of the respondents did not observe any of the changes above.

The changes listed above were noticed after 14-30 days of taking the Beauty Booty diet supplement. 37.1% of the subjects noticed the changes between the first and the second week of the supplement treatment.

In the next question, the respondents were asked if they had any fat rolls

on their buttocks. Almost 66% of them confirmed having them. These same people were asked to give a subjective assessment of the influence of using the Beauty Booty diet supplement on the fat rolls. 73.9% of the respondents said that using the Beauty Booty diet supplement had a positive influence on the fat rolls. The rest of the people questioned failed to observe any influence in that respect. None of the respondents pointed out a negative effect of the Beauty Booty diet supplement on the occurrence of fat rolls on the buttocks.

Subsequently the subjects were asked if they had cellulite on their

buttocks. 70% of the respondents declared having cellulite on their buttocks. The people who declared having cellulite on their buttocks were asked for a subjective assessment of the influence that the Beauty Booty diet supplement had on the occurrence of cellulite. 77.6% of the respondents stated that using the Beauty Booty diet supplement had a positive influence on cellulite. The remaining respondents did not observe any influence. None of the respondents observed a negative influence of using the Beauty Booty diet supplement on the occurrence of cellulite on their buttocks. 48.6% of the respondents answered that from the moment they started

structure/volume of the fatty tissue on their buttocks. 42.9% did not observe such changes. When the respondents were asked to assess the effectiveness of Beauty

Booty as a supplement changing the structure or volume of the fatty tissue

using the Beauty Booty diet supplement there had been a change in the

on the buttocks, the most frequently given grade was 5 [on a scale from 1 to 5, 5 being the highest effectiveness]. 31.1% of the subjects rated the supplement as ineffective in the influencing the structure/volume of the fatty tissue on the buttocks. 92.4% of the respondents are satisfied or very satisfied [grades 5 and 6, respectively, on a scale from 1 to 6, 6 being the highest level of

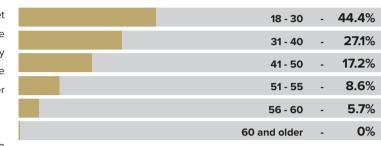
satisfaction] with the results of using the Beauty Booty diet supplement. The respondents were asked to give an overall rating of the effectiveness

of the Beauty Booty diet supplement. 78.6% of the subjects gave the diet

supplement the highest grade [6, on a scale from 1 to 6], 12.9% gave the supplement a rating of 5, 2.9% - 4, grades 3 and 2 were both given by 1.4% of respondents and 2.9% rated the supplement as ineffective, giving it the lowest rating -1. 85.7% of the subjects regarded the legibility of the label as high.

94.3% of the respondents would recommend the Beauty Booty diet supplement to another person.

**CONCLUSION - PROVEN RESULTS** 

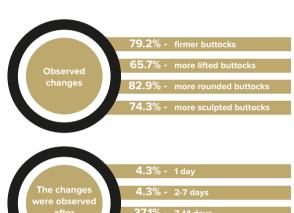


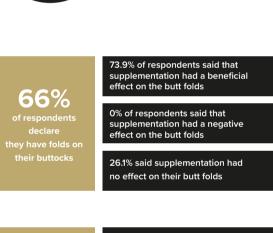
# Duration of use the diet supplement



### Frequency of use of the diet supplement

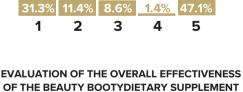




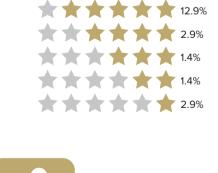


77.6% of respondents said that supplementation had a beneficial effect on cellulite **70**% 0% of respondents said that supplementation had a negative effect on cellulite 22.4% said supplementation had no effect on cellulite THE EFFECTIVENESS OF THE EFFECT

ON CHANGING THE SIZE/STRUCTURE OF FAT TISSUE



78.6%







Positive effect on the

occurrence of cellulite

Firmer buttocks 79% Rated the Beauty Booty

79% dietary supplement as very effective

78%

74%

74%

66%

Positive effect on butt fat rolls

Buttocks more lifted

Buttocks more sculpted

**Buttocks** 

more rounded